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ABSTRACT

The guide provides teaching suggestions as well as visual representations and written explanations of approximately 250 signs designed to meet the needs of institutionalized mentally retarded nonverbal individuals. Stressed is the need for such actions as correct hand position, repetition, body movement and facial expression, and rewards for desired responses. Signs are presented for numbers, alphabet letters, and common words, and are indexed alphabetically. (CL)

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LET YOUR FINGERS DO THE TALKING

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A Teaching Manual for Use With Non-Verbal Retardates

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Jim Evans graciously and energetically provided the technical expertise and critical operation of video tape equipment to record the lessons for class use.

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INTRODUCTION

This manual is designed to serve as a tool for teaching a communicative skill to institution residents who are orally handicapped and severely hearing impaired. It is part of a multimedia presentation of a basic manual communication program.

USING MANUAL SIGNS

Knowing sign language and using sign language effectively are not necessarily the same. Effective use of manual communication raises some areas for discussion:

1. Correct Position of Hands: There are many signs that are similar in movement and hand shape, and it is these signs that we must keep as different and distinctive as possible. Any variation from the actual sign will only cause confusion, misunderstanding, and frustration. The following example, "chair" could easily be confused with "name" if the fingers are not held properly. Confusion also will result if the fingers are spread apart. Now the sign is for "salt." A lot of problems can be avoided if the correct procedure for making a sign is followed.

2. Placement of Hands in Relation to Body: When using signs, it is best to keep them as close to the body as possible. This means the areas between the shoulders and between the neck and waist. Of course, some signs must be made near the chin, ears, face, and forehead, but these signs need to be held close to the body also. An example of improper placement can occur with the sign "see." Each of the two fingers are placed directly below the eyes. But if these fingers are placed anywhere lower than the nose, it is no longer "see," but "smoke." Once you know the place to make a sign, it is important that you continue to use it properly.

3. Proper Body Placement: To obtain good placement of signs, another point, similar to the one above, must be considered. Signing too far away or too close can also cause difficulty in understanding signs. Visual handicaps, which will be discussed later, must be taken into consideration. Even if visual problems do not exist, errors in comprehending the signs can result from improper body placement. Since the front of the body is used as the base for all signs, it should stand to reason that you must face the person being spoken to. In turning either to the right or left or not facing the person directly, many signs will be blocked from sight and not understood. If the best communication is to be achieved, both persons engaged in a conversation should directly face one another.

4. Smooth Rhythmic Signing: It is very hard to "read" someone's signing that is jumpy and jerky. It is hard for the eyes to follow and just as hard to understand. Smoothness and rhythm in signing at a slow, deliberate pace will best benefit both ends of a conversation. With use, speed will come very naturally; forcing speed will only cause more problems.

5. Overemphasize Gestures: It is important that you make the sign "large" enough to be seen and understood. Small detailed signs are often not seen or confused with other signs. "Come" and "go" are good examples of how to make a sign large. For "come," the arms would be stretched all the way out before you, and brought all the way into the body. "Go" would start with the extended forefingers next to the body and moving them away until the arms are stretched all the way out. It's easier for anyone to see a "large" sign than a "small" one. We must keep in mind, too, the many visual problems that the children have and make these signs as large as we can.

6. Repeat Gesture Several Times: Since it will be difficult to make some signs "large," another way of stressing a sign would be used. By repeating a sign several times consecutively, you are able to emphasize it properly. An example would be "shoe." Simply bringing the clenched fists together is the sign for "shoe," but tapping the fists together several times helps in stressing the sign and making it clearer. "Money," "school," and "work" are other signs that can be repeated in order to make them understood.

7. Extending the Time to Make a Sign: "How long" it takes to make a sign is also important. Making signs too quickly would be hard for anyone to follow. Signs should be made at a rather slow pace. This would give the person a better chance in understanding the meaning of the sign. Extending the time lapse between words also helps in separating the signs, and avoids confusing several movements for one word.

8. Use Body Movement and Facial Expression: It would be unfortunate, while making signs, to separate using your hands from using body movements and facial expression. Normal deaf people, as a whole, watch the face and not the hands whenever they are talking in sign language. Signing such words as "good," "hurt," and "bad" will have much more meaning if you smile, squinch, or frown. When you use facial expression, you add much feeling that could not be expressed just using your hands. Tilting the head for "bed," closing the eyes for "sleep," and hunching the shoulders for "perhaps" will add much to your signing.

9. Use the Same Sign for the Same Word: If different signs are used for a word, even if they are considered correct by different localities, it will only cause added confusion. This need not be. Since it will be difficult at times to teach just one sign for a word, you must remember that using more than one sign will cause twice the problem. This does not mean that idiosyncratic signs the person may choose to use, rather than standard signs, should be ignored. But, one sign is preferred, and the standard sign is the most preferred.

10. Use Signs Best Suited for Client: The important thing to remember is that these signs need not be taught to everyone, nor should this list of signs be all that is taught to someone who could go further. These signs will be basic in building a suitable vocabulary to be used with deaf and non-verbal residents. Since you will be the one to "write the prescription" for the children, teach what they are able to learn. Include idiosyncratic signs if that is all the clients are capable of producing.

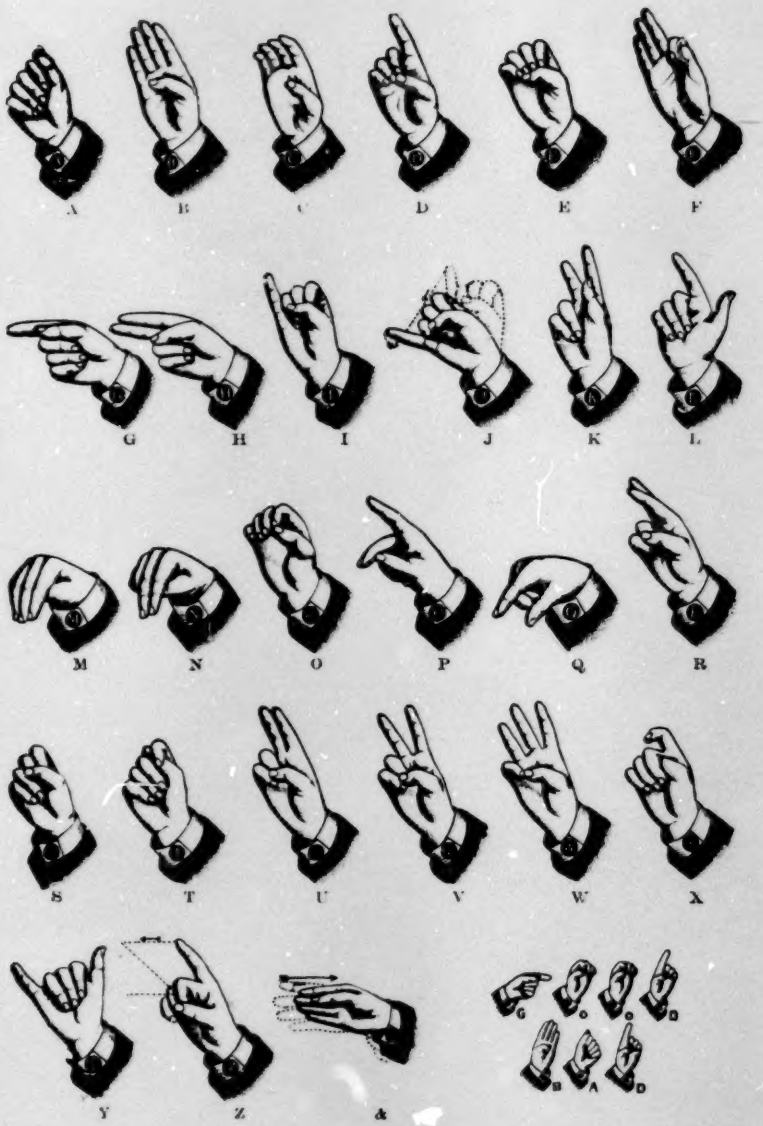
11. Reinforce Correct Signs Although Resident May Have Own Gestures for Certain Words: Many residents are now using gestures and pantomines to communicate their wants. Many of these gestures used by the residents are not correct in that they are different from the standard language of manual idiosyncratic signs. Although these gestures are different, it is not necessary to change an incorrect gesture. Through consistent use of a correct sign and by reinforcing correct signs with praise whenever they are used by the resident, the incorrect gesture may fade from use. If not, idiosyncratic gestures are better than nothing.

12. Reward on a Continuous Basis: Through the continuous use of signs as rewards, the resident will discover that these signs have meaning, as he learns how and when they are used. Using the sign for "good" will then tell the resident "you have done it right," and he will develop a sense of success. Again, if the sign has meaning to the resident, he will know more of what is expected of himself. Seeing the sign for "mistake" should cause him to "look again" and find the correct answer. Only by continuous use of these signs will their meaning be understood.

13. Pair Rewarding in Signs with Social and Edible Rewards: In shaping the behavior of residents, verbal praise plays an important role, even more so than edible and tangible reinforcers. Edibles and tangibles should be used only as a last resort.

14. Reward Wanted Responses: Once a child begins to use sign language to express his pleasure and displeasure, it is important that these gestures are rewarded if appropriately used. This is going to be the most crucial part of teaching our residents sign language. Once they begin using these signs without prompting and with meaning, you must be aware of what they are gesturing and you should attempt to respond correctly. By responding to the child's efforts to communicate with signs, we are giving him the satisfaction of genuinely being understood; this responding soon becomes his reward.

ALPHABET



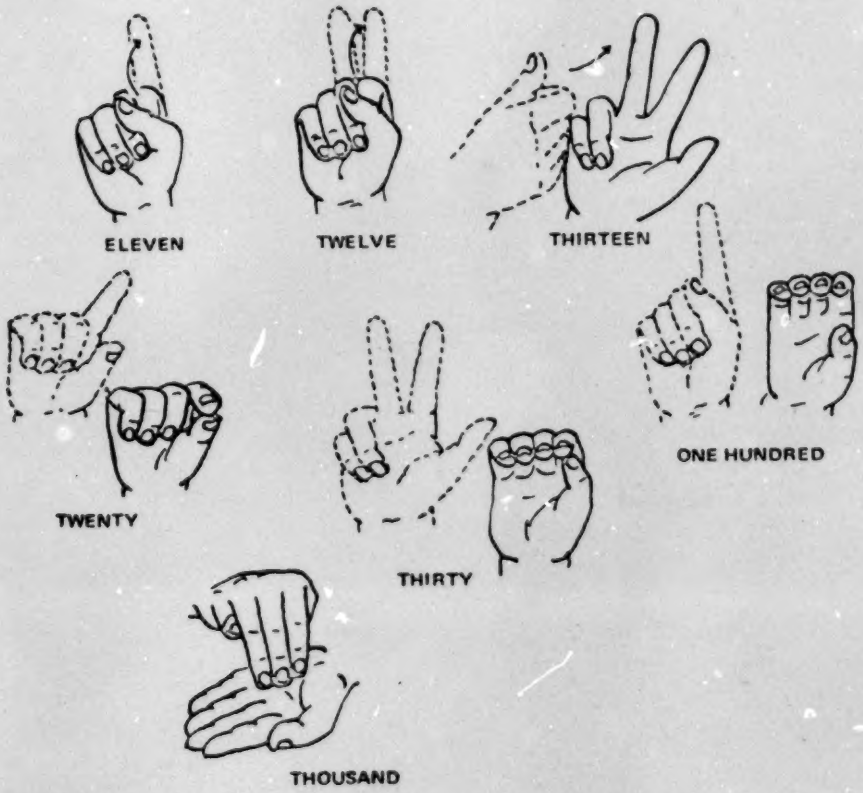
NUMBERS

All numbers from 1 - 999 are signed with one hand. The following are numbers 1 - 10, and the palm faces outward (except for 10):

For numbers 11 - 19, use a double sign movement. Start with the 10 hand shape, palm in, and quickly turn the palm out. Then give the sign for 1 - 9. A 10 and an 8 would be the sign for 18.

For number 20, the thumb and forefinger first extend, then form 0. Other numbers 20 - 99 use the same hand shapes as 1 - 9, with the addition of 0 where necessary.

Numbers from 100 - 199 are signed as those from 1 - 99, except for the addition of the hundreds sign.

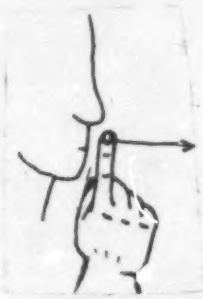


MANUAL DICTIONARY

On the following 61 pages, you will find a visual representation of signs that have been chosen to meet the needs of mentally retarded and handicapped clients. On pages 62 - 64, an alphabetical index is available for reference. Signs chosen have been selected from standard American sign language; slight variations might be noted. These signs should be modified to meet individual client needs.

(I)	Use sign for letter "I" and place thumb side of fist on chest.
(Am)	Place right index finger on lips and pull away.
(You)	Point to person with extended index finger.
(Are)	Use sign for letter "R"; place on lips and pull away.
(My, mine)	Lay open right palm on chest.
(Is)	Use sign for letter "I"; place on lips and pull away.
(Me)	Point to self with index finger.
(Will)	With right open palm at ear level, move hand outward.
(We)	Use sign for letter "W"; touch the right shoulder and then to the left shoulder, slowly turning hand till palm is facing left shoulder.
(Won't)	With extended thumb hand shape of right hand, toss fist quickly over right shoulder.
(Us)	Use sign for letter "U"; touch the right shoulder and then to the left, slowly turning hand till palm is facing left shoulder.
(Can)	With double "A" letter position held downward before the body, drop fists to waist.

I

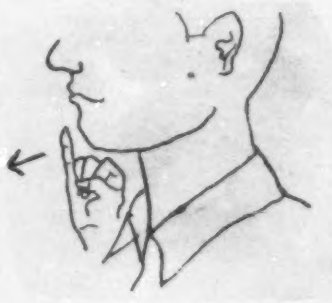


Am

You

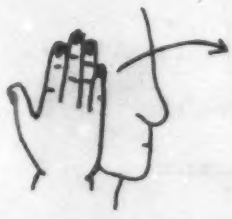
Are

My, Mine



Is

Me



Will, Shall, Future

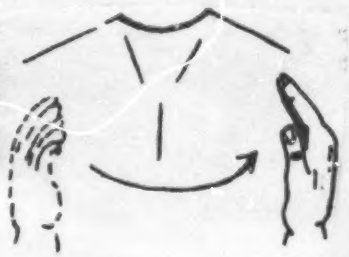
We

Won't
Wouldn't, Refuse

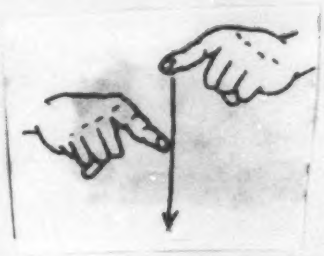
Us

Can, May, Able

(Our, ours)	With right open palm, touch thumb side to right shoulder and little finger side of hand to left shoulder.
(Can't)	Using the extended forefinger, drop tip of right finger over left forefinger.
(Your, yours)	Face right open palm at person.
* (Do)	Palms down in letter "C" hand shape, move hands from side to side. *Fingerspell (Do) if used as an infinitive in a sentence.
(Don't, not, isn't, doesn't)	With open palms facing down and the hands crossed at wrists, pull arms apart quickly.
(Ago, past)	Toss right hand, palm up, over right shoulder.
(Hungry)	Rub stomach with right hand several times.
(Cold)	Place both fists at shoulder level and shake.
(Bad)	With right open palm, touch tips of fingers to lips, turn palm out, and bring hand down.
(Ice cream)	Using letter "H" hand shape of right hand, give it a scooping action in open palm of left hand.
(Sweet)	With open palm of right hand, brush lips with all fingertips several times.
(Butter)	Draw letter "H" right hand shape across open palm of left hand several times.



Our, Ours



Can't

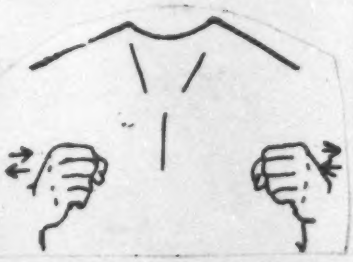
Your, Yours

Do

Don't
Not, Isn't, Doesn't

Ago, Past

Hungry



Cold

Bad

Ice cream

Sweet

Butter

(Boy) Shape hand as if holding a cap, place it on forehead and move hand outward.

(Run) With open palms facing each other, move them alternately up and down.

(Girl) With the extended thumb shape, rub the cheek from below the ear to the chin.

(Have) With flat open palms held apart, bring tips of hands inward until they touch the chest.

(Man) Make sign for boy, then touch chest with thumb of spread fingers on chest.

(Stand) Place right letter "V" sign in flat open palm of left hand.

(Woman) Make sign for girl, then place thumb of spread fingers on chest.

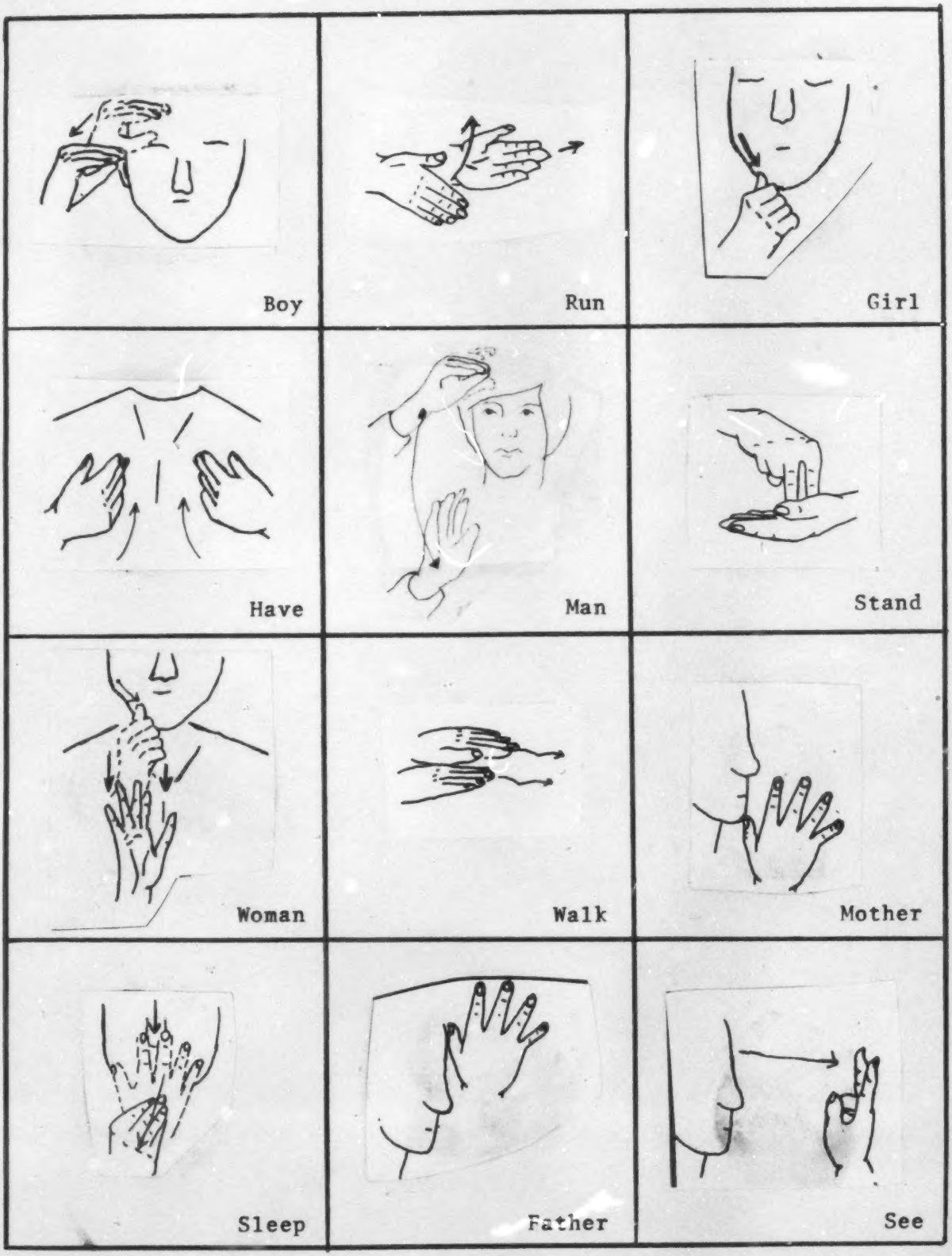
(Walk) With open palms down, use hands as feet, making them step several times before the body.

(Mother) Place thumb of right hand, fingers spread on chin.

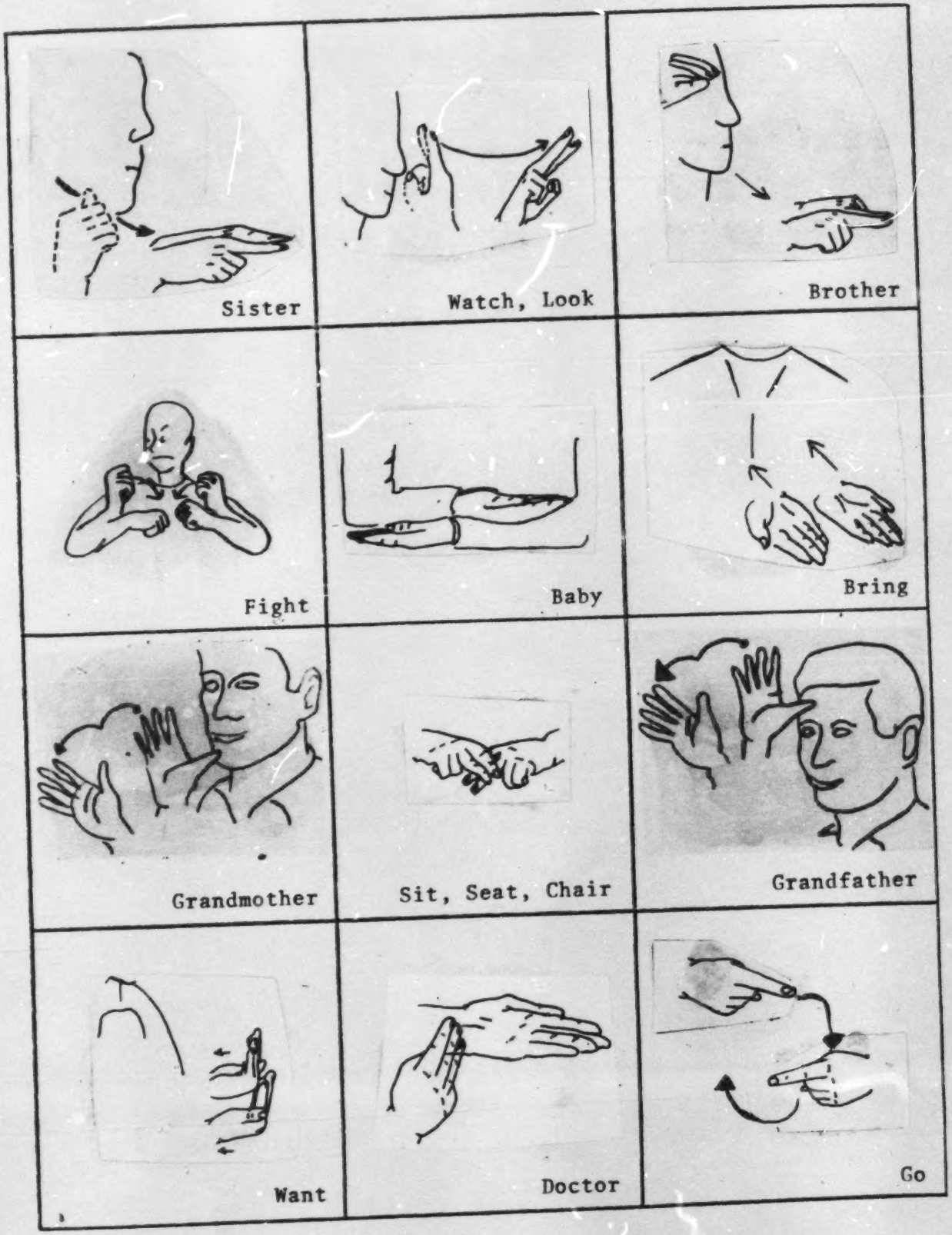
(Sleep) Beginning with spread fingers over the eyes, palm in, pull fingers together while bringing hand downward.

(Father) Place thumb of right hand, fingers spread, on forehead.

(See) Place letter "V" at eyes, then drop downward.


Boy
Run
Girl
Have
Man
Stand
Woman
Walk
Mother
Sleep
Father
See

(Sister)	Make sign for girl then touch forefingers of both hands together in front of body.
(Watch, look at)	Place letter "V" at the eyes, then invert hand to face outward.
(Brother)	Make sign for boy then touch sides of forefingers of both hands together in front of body.
(Fight)	Holding hands in fists in front of body, bend fists at wrists up and down simultaneously.
(Baby)	Fold arms together and rock left and right.
(Bring)	With the flat open palms held away from the body, bring both of the hands into the body.
(Grandmother)	Touch the chin with thumb of right hand, fingers spread and move hand outward in a double loop.
(Sit, chair)	With double "H" hand shape, bend fingers slightly and place right fingers over left.
(Grandfather)	Touch the forehead with thumb of right hand, fingers spread and move hand outward in a double loop.
(Want)	With flat open palms facing upward in front of body, pull towards body moving fingers back and forth.
(Doctor)	Place first 3 fingers of right hand on left pulse and tap left wrist several times.
(Go)	With extended forefingers pointing toward each other, move fingers in small circles alternately while moving hands away from body.


Sister
Watch, Look
Brother
Fight
Baby
Bring
Grandmother
Sit, Seat, Chair
Grandfather
Want
Doctor
Go

(Nurse)	Place first 2 fingers of right hand on left pulse, and tap left wrist several times.
(Show)	Hold left hand up with palm facing right, place right forefinger on left palm and draw finger outward.
(Friend)	With double "X" letter locked together, reverse positions.
(Jump)	With right hand letter "V" standing in left palm, lift the right "V" bending fingers, then allow the "V" to return to standing position.
(Children)	Pat heads of imaginary children.
(Play)	Using double "Y" letter, move hands up and down vigorously and alternately.
(Santa Claus)	Place tips of fingers of both hands on chin and circle as if making an imaginary beard.
(Come)	With extended forefingers pointing toward each other, holding hands away from body, move fingers in small circles, alternately, while moving hands toward body.
(Carry)	With the flat open palms near body, extend hands outward.
(Should, must, need)	Hold right hand in letter "X" position in front of body, drop finger downward.
(Live, residence)	Place double letter "L" hand shape on chest and draw upward.
(Feel)	Brush tip of second finger of right hand upward on chest several times.

Nurse

Show, Demonstrate, Illustrate, Example

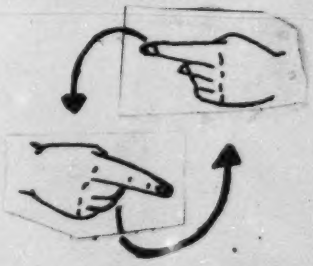
Friend

Jump

Children

Play

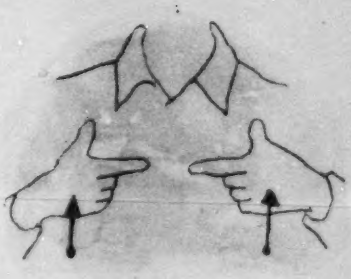
Santa Claus



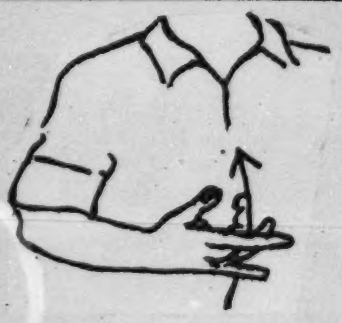
Come

Carry

Should, Must, Need, Ought, Have To



Live



Feel

(Cake)	In left open palm, place tips of right crooked fingers.
(Eat)	Place tips of fingers of right hand to lips and tap.
(Fork)	In left open palm, thumb side up, move right letter "V" up and down several times.
(Banana)	Extended left forefinger upward, with right forefinger and thumb, peel the left finger several times.
(Knife, cut)	Start tip of right index at base of left index finger and move to tip of left index.
(Meat)	With thumb and forefinger of right hand, grasp the left hand between forefinger and thumb.
(Cup)	Place right letter "C" in flat open palm of left hand, little finger of right touching palm.
(Break)	With the thumb sides of the letter "S" fists together, snap both of the hands downward quickly.
(Water)	Tap lips with letter "W" hand shape.
(Swallow)	Pantomine the extended right forefinger going into mouth and down the throat.
(Table)	With palms down and together, move hands apart to outline table top and drop hands down to outline table legs.
(Salt)	With right letter "V" hand shape, tap back of left letter "N" hand shape, several times.

Cake

Eat

Fork

Banana

Knife, Cut

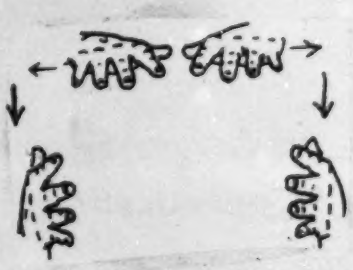
Meat

Cup

Break

Water

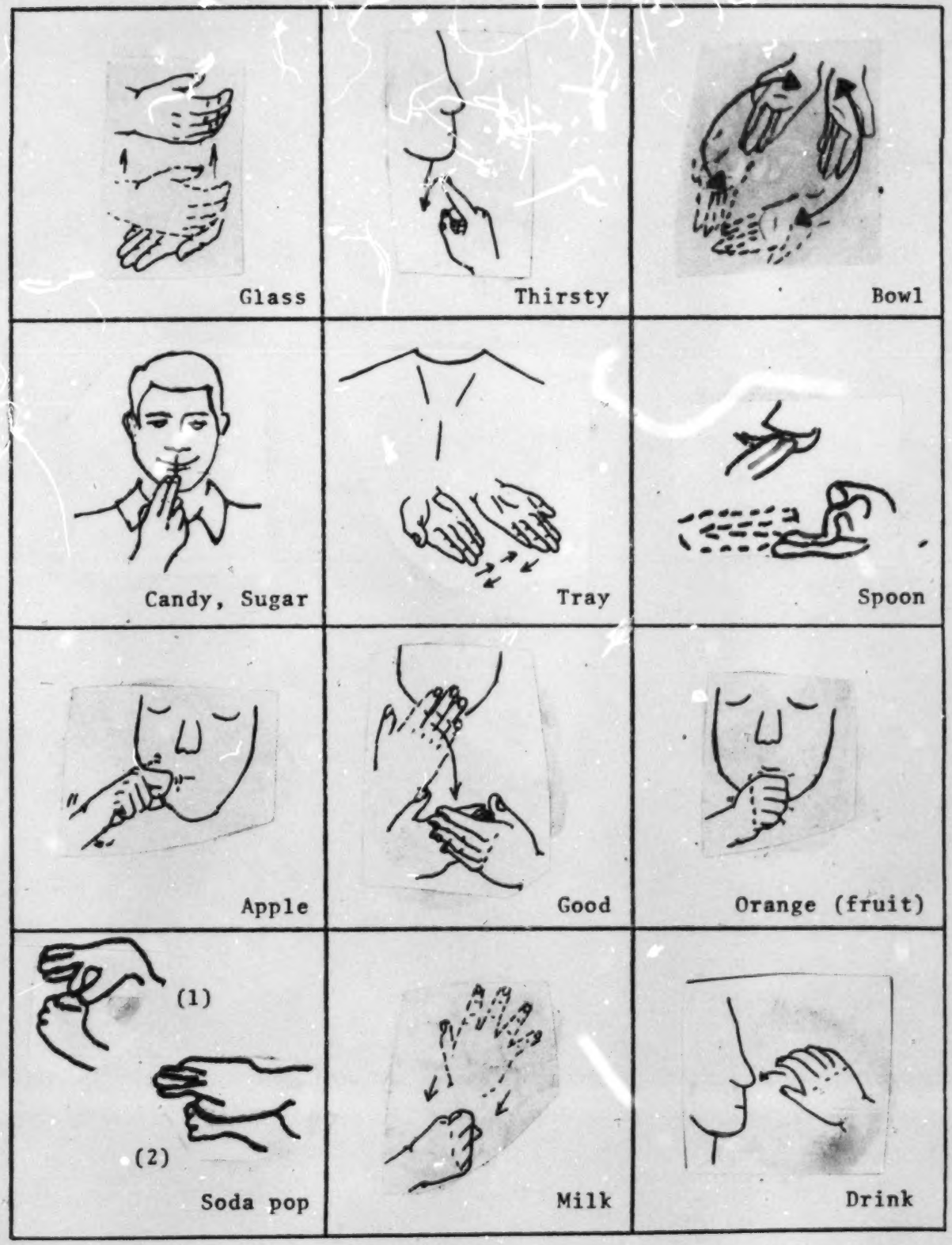
Swallow



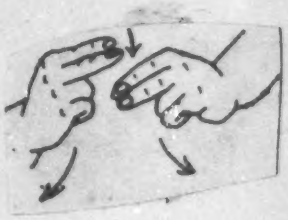
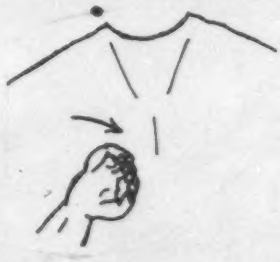
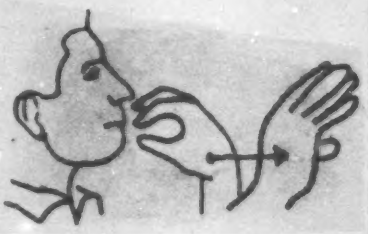
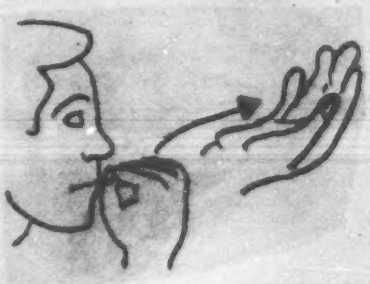
Table

Salt

(Glass)	Form right letter "C" in left open palm, lift the "C" upward.
(Thirsty)	Rub front of neck with right extended forefinger.
(Bowl)	With tips of fingers of both hands together, make a circle until base of palms come together.
(Sugar, candy)	With tips of first 2 fingers of right hand, brush lips in a downward motion.
(Tray)	With palms up and out flat, swing arms left to right.
(Spoon)	Using "H" letter hand shape of both hands, move right fingers to mouth several times.
(Apple)	Press right hand letter "S" shape on right cheek and twist.
(Good)	Touching lips with right open palm, bring back right hand to palm of left hand.
(Orange)	Using the "S" letter hand shape, place to mouth and squeeze as if sucking on an orange.
(Soda pop)	Form left hand into letter "O"; with fingertips of right hand together hold right hand in air then bring down to left hand "O" letter, then hit left hand.
(Milk)	Open and close fingers of right hand as if milking a cow.
(Drink)	Place right hand letter "C" shape to lips as if holding a glass.


Glass
Thirsty
Bowl
Candy, Sugar
Tray
Spoon
Apple
Good
Orange (fruit)
(1)
(2)
Soda pop
Milk
Drink

(Sorry)	Rub right clenched fist in middle of chest.
(Tastes)	Touch tongue with middle finger of right hand.
(Egg)	Hold left letter "H" steady before body, bring right letter "H" down to touch left, drop both "H's" to sides.
(Pepper)	With right hand fingertips together, give shaking motion.
(Coffee)	Place little finger side of right hand letter "S" on top of thumb side of left hand letter "S" and turn in circular motion.
(Hot)	Using letter "C" hand shape, place tips of fingers at mouth, pull hand away, and invert right hand quickly with palm out.
(Bread)	With left open palm facing the body, brush little finger side of right hand down across the back of left hand several times.
(Smell)	Brush right open palm upward on nose several times.
(Potatoes)	With right hand in "H" letter shape, tap the top of left hand fist several times.
(Gravy)	Grasp bottom of left open palm with thumb and forefinger of right hand, draw right hand downward several times.
(Cookie)	In left open palm, twist tips of right crooked fingers as if cutting out cookies.
(Warm)	Place tips of fingers at mouth and pull away slowly.

Sorry	Tastes	 Egg
 Pepper	Coffee	 Hot
Bread	Smell	Potato
Gravy	Cookie	 Warm

(Red) With extended forefinger of right hand, brush lips lightly.

(Ball) Cup both hands together, one palm facing down, other palm facing up, quickly invert positions.

(Purple) Sign letter "P" and shake.

(Beads) With right thumb and forefinger together, touch up and down left extended index finger several times.

(Pink) Sign letter "P" and with second finger of "P" brush lips lightly.

(Doll) With "X" letter of right hand on nose, jerk downward quickly.

(Brown) Sign letter "B" with right hand and bring hand down side of face.

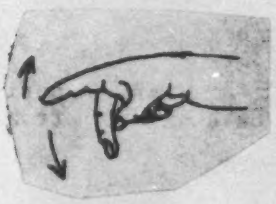
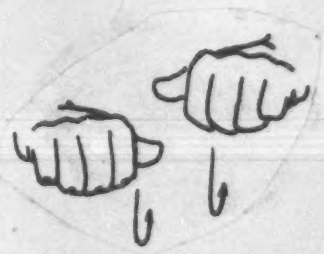
(Boat) Place the little finger edge of both open palms of hands to form a boat, move hands to show a rocking motion.

(Orange) Sign letter "O" and shake.

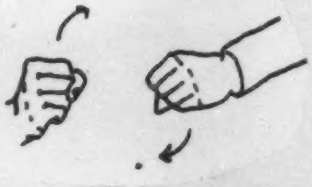
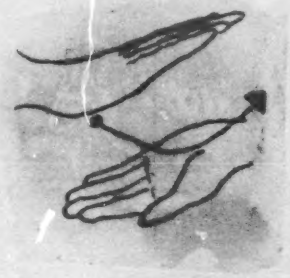
(Bicycle) With clenched fists in front of the body, rotate the fists in a circular motion.

(Black) With extended forefinger of right hand, bring the finger across the forehead.

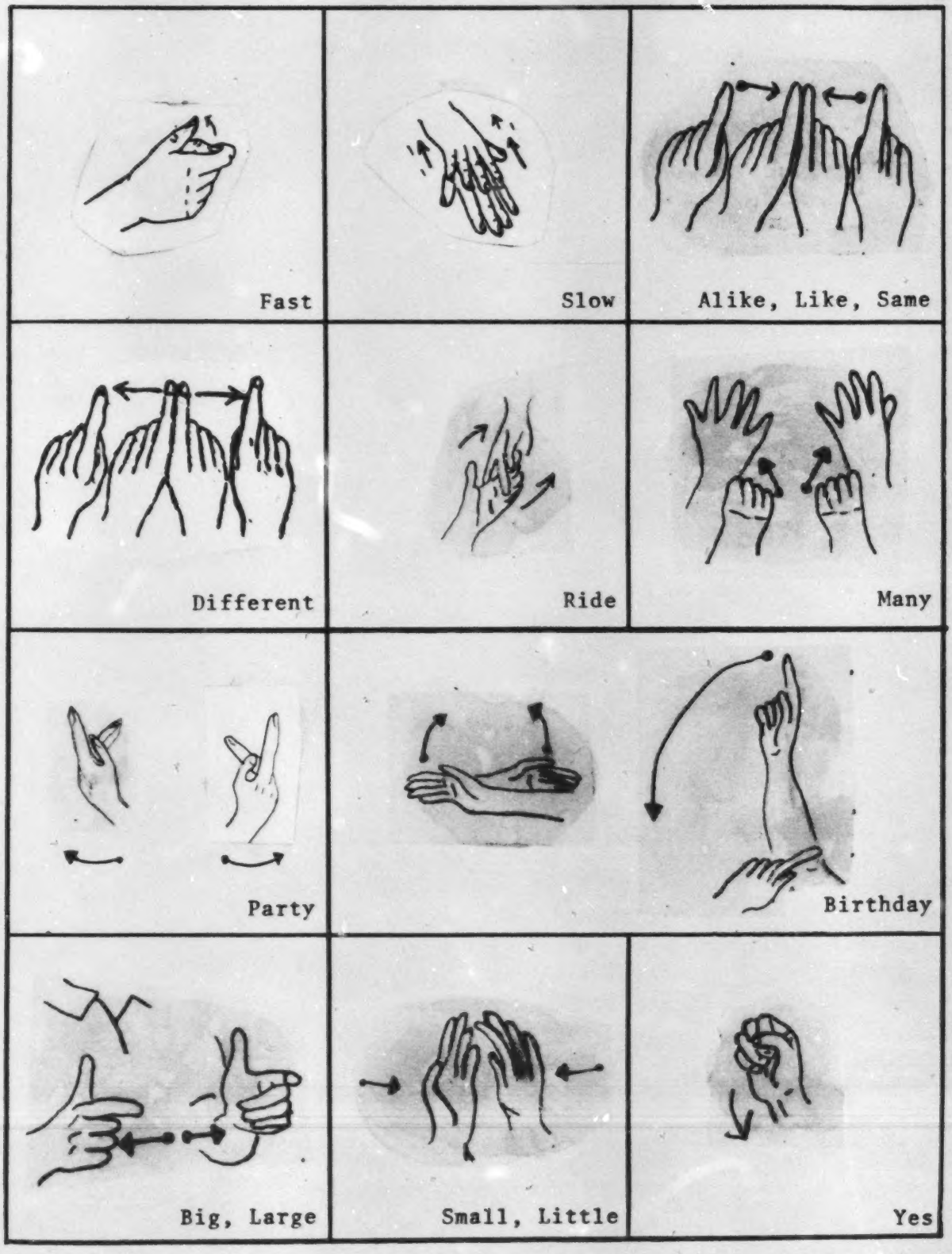
(Train) Using double letter "H" hand shape, palms facing down, rub right "H" back and forth across left "H".

Red	Ball	 Purple
Beads	Pink	Doll
Brown	Boat	Orange (color)
 Bicycle	Black	Train

(Blue)	Sign letter "B" and shake.
(Car)	Place both letter "S" hands in a position as if holding a steering wheel and moving side to side.
(Yellow)	Sign letter "Y" and shake.
(Flower)	With right hand fingertip together place at nose as if smelling fingertips.
(Green)	Sign letter "G" and shake.
(Tree)	Place right elbow, arm extended upward, into left palm, and shake right fingers.
(White)	With spread fingers of right hand on chest, pull away from the body and bring fingertips together.
(Paper)	Hit base of palms together several times.
(Color)	Rub tips of right fingers in palm of left hand.
(Airplane)	Extend forefinger, little finger and thumb of right hand, palm facing down, moving hand out and upward.
(Money)	Tap back of right hand in palm of left several times.
(Movie)	Place heels of hands together, fingers spread, and move hands in opposite directions.

Blue	 Car	Yellow
Flower	Green	Tree
White	 Paper	Color
Airplane	Money	Movie

(Fast)	With thumb held in clenched fist, flick thumb out quickly.
(Slow)	With right open palm back of left hand, move right hand from left fingertip to the wrist.
(Same)	With forefingers of both hands pointing away from body and apart, bring fingers together until sides are touching.
(Different)	With forefingers of both hands pointing away from body and sides touching, separate fingers in opposite directions.
(Ride)	Hold left open palm outward with fingers pointing away from body. With right hand in letter "V" shape, place "V" on left palm and move both hands up and down.
(Many)	Hold both hands in letter "O" position with palms upward in front of body, then open and close fingers several times.
(Party)	Extend forefingers of both hands and point them upward, circle each finger in the air.
(Birthday)	Cross arms at wrist with palms open and facing upward, place at waist and draw away from body; then put right elbow on back of left palm, with right forefinger extended upward, slowly drop right finger to left elbow.
(Big)	Make double sign for letter "L" with thumbs touching; draw letter "L" apart.
(Little)	With open palms of both hands facing each other, move them back and forth but not touching.
(Yes)	Make letter "S" sign and bend wrist up and down.


Fast
Slow
Alike, Like, Same
Different
Ride
Many
Party
Birthday
Big, Large
Small, Little
Yes

(Some) Holding left open palm upward, draw little finger side of right open palm across fingers of left.

(No) With right hand, tap letter "N" to thumb several times.

(What) With left open palm held upward, draw forefinger of right hand across fingers of left.

(How) With knuckles together and thumbs upward of both hands, open hands outward from body with palms facing upward.

(Funny) Place right "H" hand, palm in, near nose; draw hand away from face while bringing fingers in to "A" position.

(Grow) Bring all right fingers up through left "O" hand, extending them as they go through.

(Make) Place right fist on top of left fist; twist both back and forth in opposite directions.

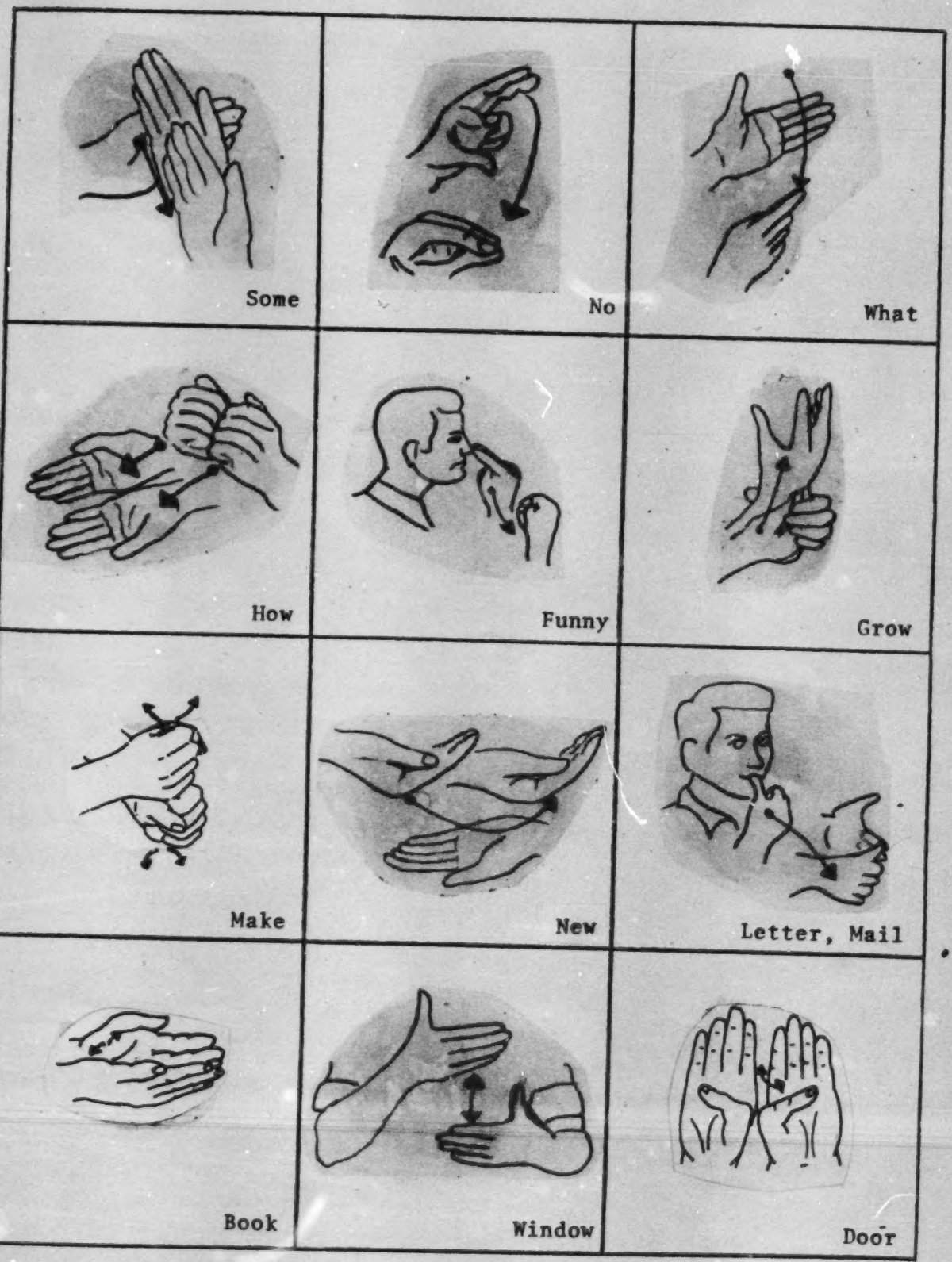
(New) With the left open hand facing up, brush the back of the right open hand across the heel of the left, from right to left.

(Letter) With the right hand in the "A" position, bring thumb up to mouth, then down to tip of open left hand.

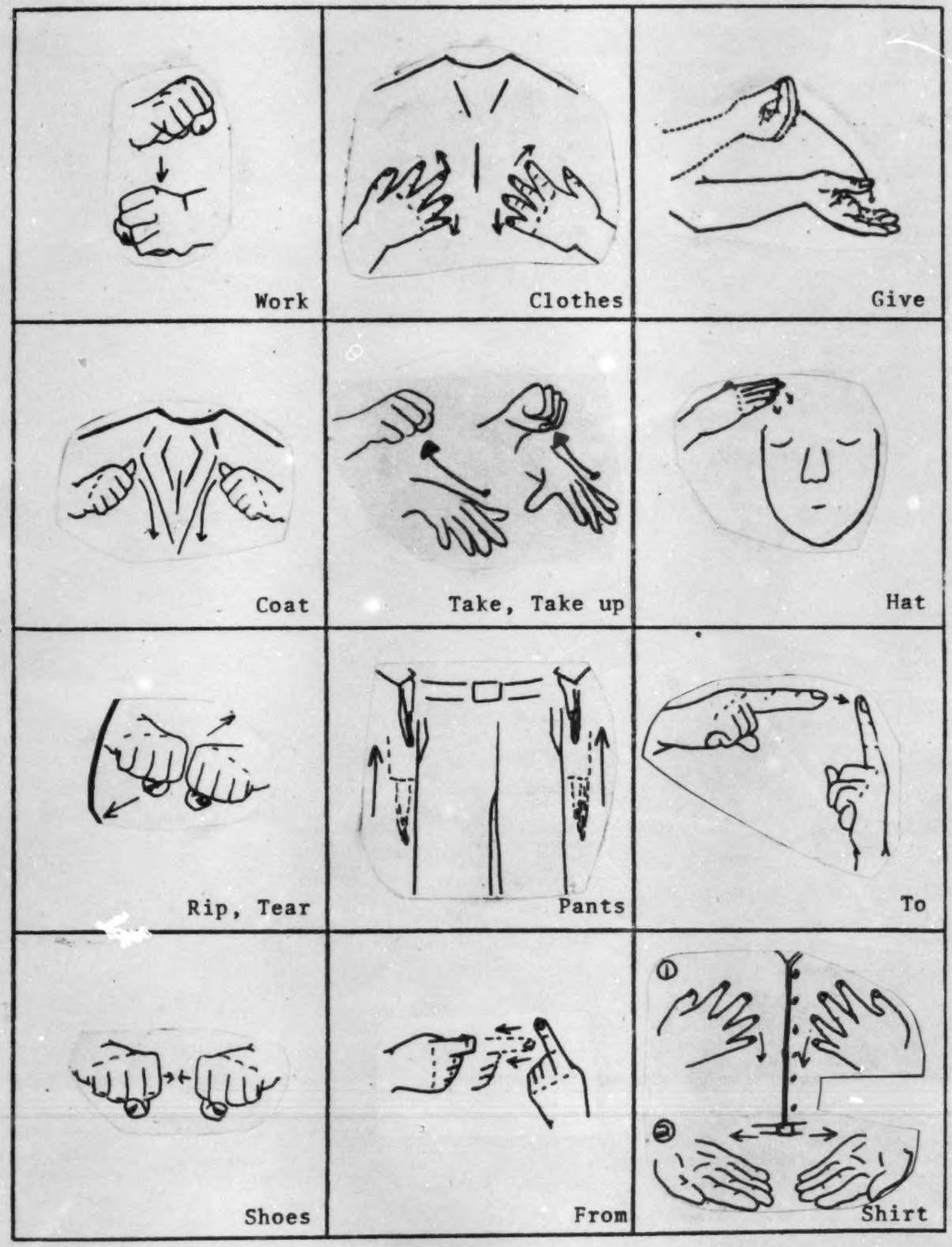
(Book) With open palms together, open as if opening a book.

(Window) Hold hands (right above left) with open palms facing the body; move together and apart as if closing and opening a window.

(Door) With the open palms, side by side, palms out, wiggle the right palm back and forth as if opening and closing a door.


Some
No
What
How
Funny
Grow
Make
New
Letter, Mail
Book
Window
Door

(Work)	With fists in "S" letter shape, tap wrists together.
(Clothes)	Using spread fingers with the palm against the chest, brush the hands up and down on the chest.
(Give)	Hold thumb and fingertips of right hand together in front of body; slowly opening fingers, move hand away from body.
(Coat)	Using the extended thumb hand shape, the fists are placed on the chest and moved down to the waist.
(Take)	With both hands open, palms down held outward in front of body, slowly close fingers while bringing hands toward body.
(Hat)	Tap top of head several times with right open palm.
(Rip, tear)	With thumb side of clenched fists together, quickly pull one fist inward and the other fist outward.
(Pants)	With the hands laid flat along the legs, bring the arms up until the hands touch the waist.
(To)	Touch tips of extended forefingers.
(To)	Fingerspell when not denoting an action.
(Shoes)	Using the double "S" letter hand shape, tap the thumb side of the hands together several times.
(From)	With left forefinger pointing upward and right forefinger touching it, pull the right finger away while bending the finger inward.
(Shirt)	With palms in, fingers spread, move hands along body from chest to waist at which point hands are placed flat, palms up and moved apart from middle of waist to sides.


Work
Clothes
Give
Coat
Take, Take up
Hat
Rip, Tear
Pants
To
Shoes
From
Shirt

(With) Bring both letter "A" hand shapes together.

(Skirt) Beginning at the waist with the palms in and fingers spread, move the hands down the legs and out.

(Without) With both hands together in letter "A" shape, separate hands and open fingers quickly until palms are facing upward.

(Sock) Using both extended forefingers, palms down, rub the fingers together, back and forth.

(Over) Hold left hand so that palm is facing body, with right open palm facing left, move right hand over top of left.

(Dress) Using the spread fingers, with palms in, bring the hands down the body from the chest to the thighs.

(There) Point in that direction or fingerspell.

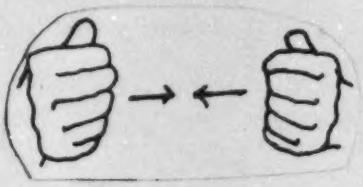
(Under) Bring right extended thumb under left flat open palm and move in a circular motion.

(Gloves) Hold left hand with palm facing body and fingers separated.

(But) Extend both forefingers, cross them and then pull apart.

(Watch) Tap left wrist with crooked right forefinger.

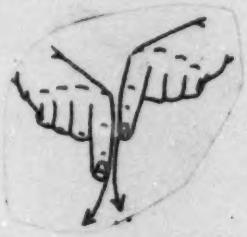
(And) With right palm facing left, and near left shoulder, pull hand across body while bringing fingertips together.



With

Skirt

Without



Sock

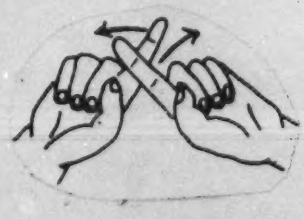
Over

Dress

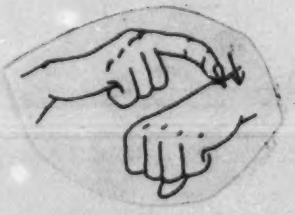
There

Beneath, Under

Gloves



But



Time, Watch

And

(On) Place right palm on back of left fist.

(Off) With right palm on top of left hand, lift right open palm upward.

(In) Place right fingertips in left letter "O" hand shape.

(Out) With right fingertips in left letter "O" hand shape, bring the fingers upward as if taking something out of left hand.

(Shave) Using "Y" hand shape, bring thumb down along the cheek.

(Face) Using the extended forefingers of the right hand, draw a circle around the face.

(Here) With both palms facing upward in front of body, circle them alternately.

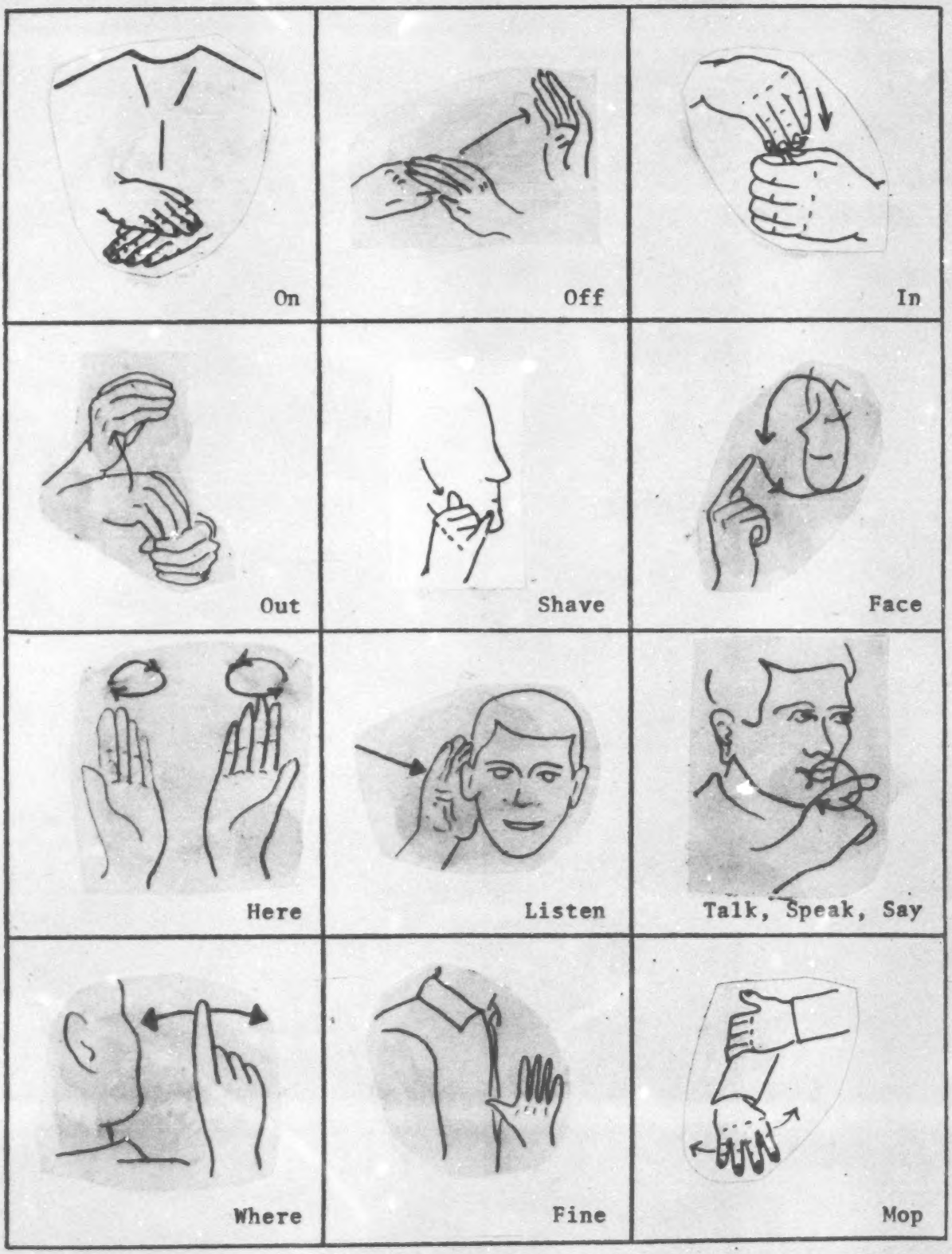
(Listen) Cup right hand by right ear.

(Talk) Bring right index to mouth and make a circular motion away from the mouth.

(Where) Move right index finger palm out, back and forth in front of face.

(Fine) Place the thumb of the right open hand, fingers spread, on the chest, and move the hand slightly up and forward.

(Mop) With the left hand, grab the elbow of the right arm as the right fingers hang limp and move back and forth.


On
Off
In
Out
Shave
Face
Here
Listen
Talk, Speak, Say
Where
Fine
Mop

(Hospital) With extended forefinger and middle fingers of right hand, draw a cross on the upper portion of the left arm.

(Die) With one palm up and one palm down, quickly reverse.

(Church) Place "C" of the right hand on top of left "S" hand.

(Get up) With left open palm facing up and right "V" fingertips facing up, lift right hand and place tips of fingers in left palm.

(Home) Shape hand as for "and" then put to mouth and then side of cheek.

(Write) With the right thumb and forefinger together, pantomine scribbling in the left, flat, open palm.

(School) With open palms, clap right hand on left hand several times.

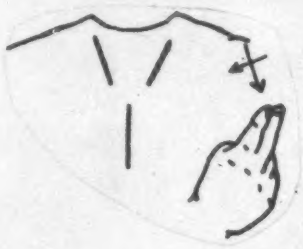
(Smoke) Place right "V" to lips.

(Medicine) In palm of left hand, draw a circle using the middle right finger.

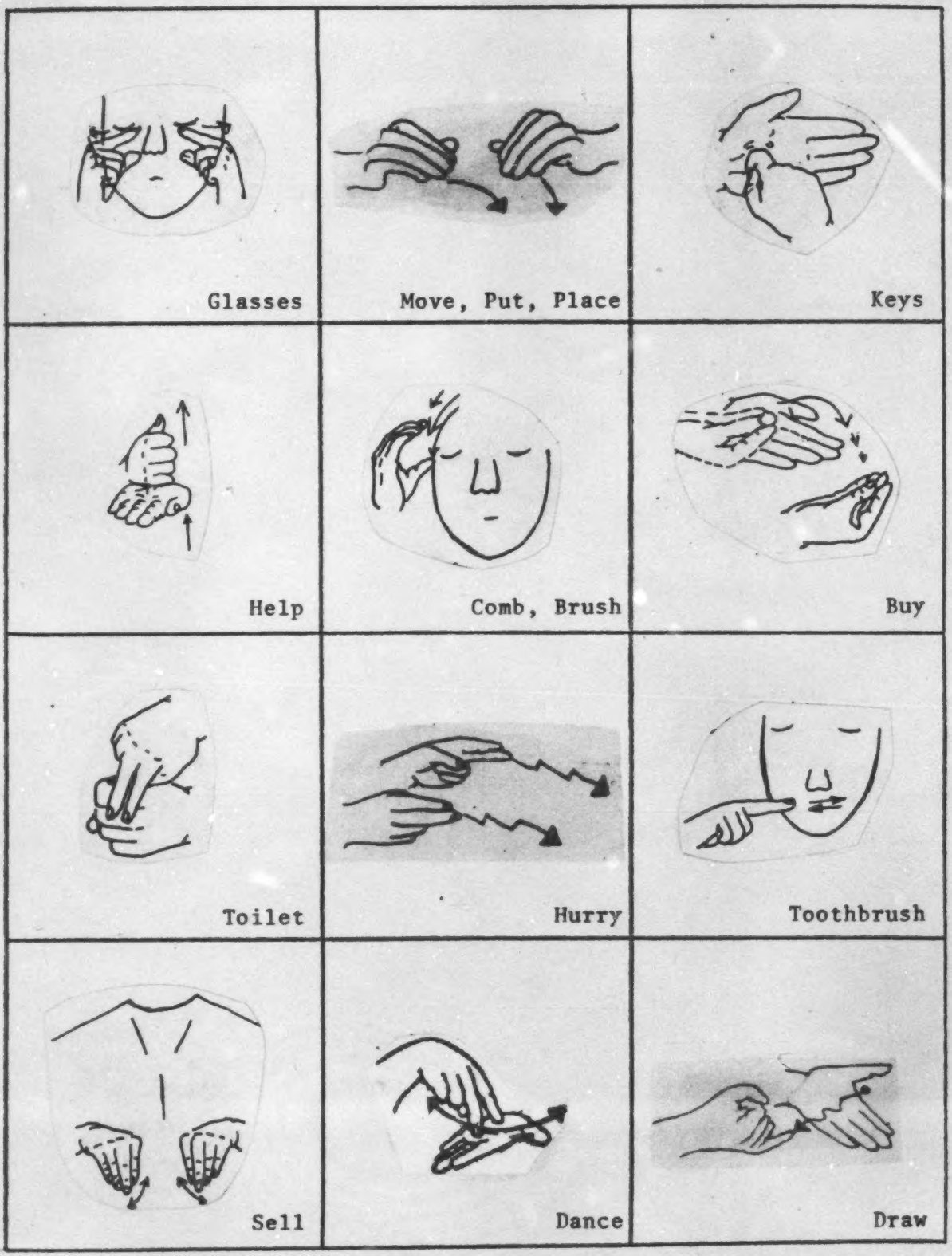
(Think) Place the right index on the forehead.

(House) Place tips of both open palms together, forming a "roof" with the arms; pull both arms apart and down at the same time.

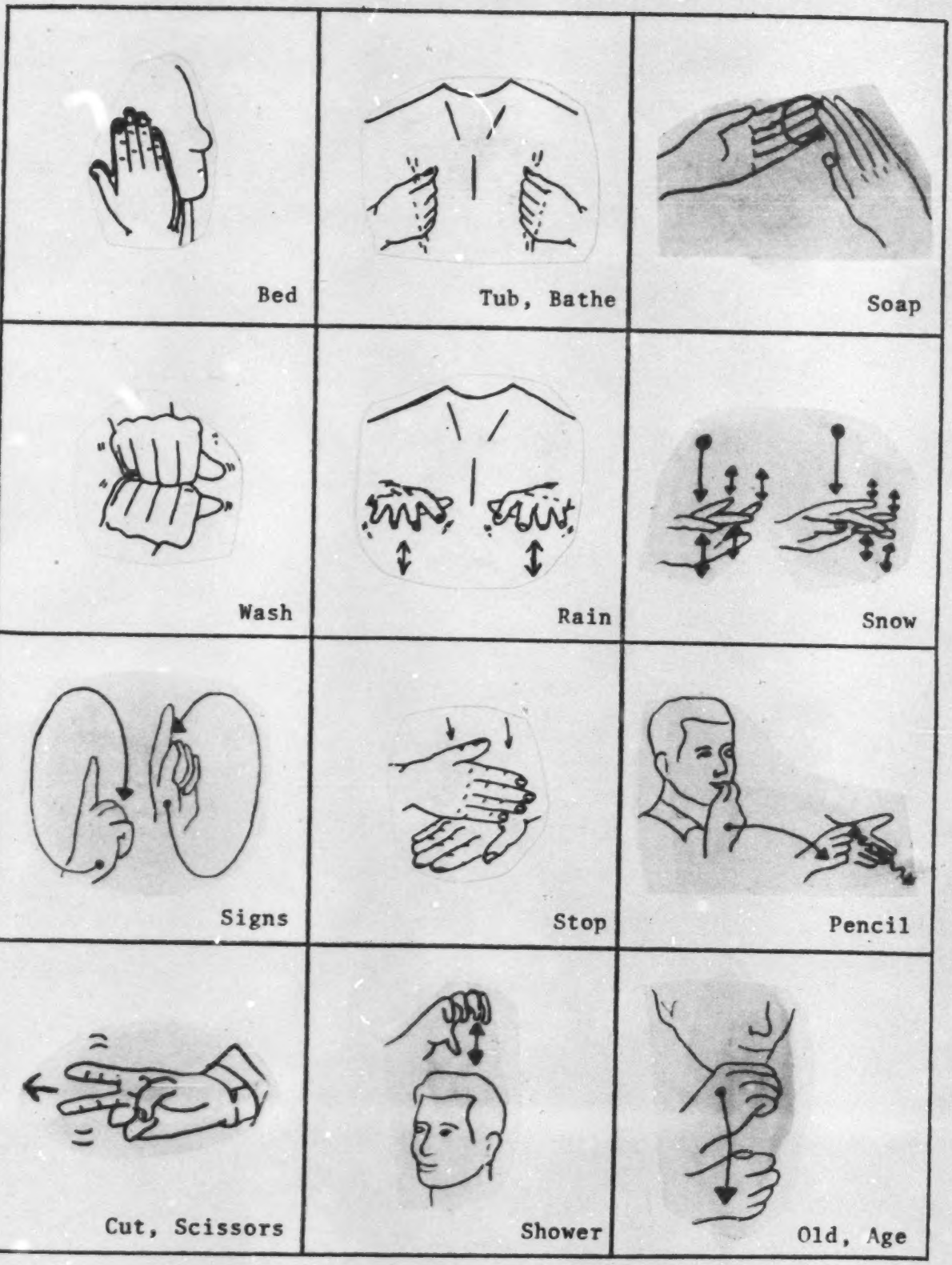
(Paint) Brush the tips of the right hand over the open palm of the left.

 Hospital	Die	Church
Get up	Home	Write
School	Smoke	Medicine
Think	House	Paint

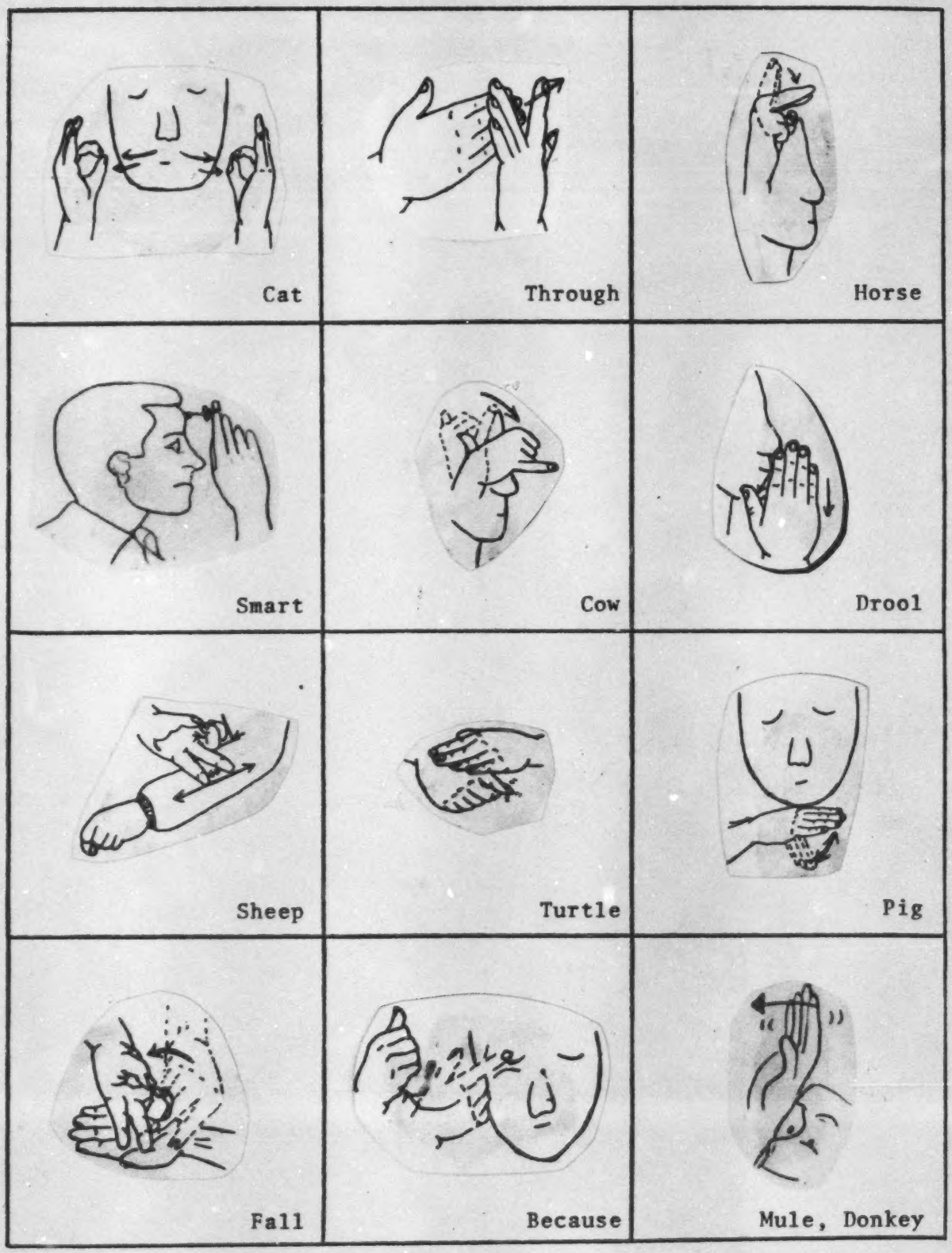
(Glasses)	With double "G" place tips of the thumbs and index fingers together, over eyes, and then pull hands apart.
(Put)	With hands held before the body, palms down, and fingers bent slightly, lift hands to the right, stopping quickly with hands in "and" position.
(Keys)	Twist right "X" in open palm of left hand.
(Help)	Place the right hand, as in the "A" position but with the thumb facing up, in the left, flat, open palm, and lift both hands upward together.
(Comb)	Run spread fingers through the hair.
(Buy)	Place the back of the right hand in left open palm and lift right hand up and away from the left hand (as if giving someone money).
(Toilet)	On left "O," place right "V."
(Hurry)	With both hands in the "H" position, move hands alternately up and down away from the body.
(Toothbrush)	Using the right index finger, move the hand back and forth in front of the mouth.
(Sell)	With both "and" hands, facing body, move hands in a swinging motion, toward the body and out.
(Dance)	Move tips of first and second finger of right hand back and forth across left palm.
(Draw)	With right hand in "I" position, draw the pinky in a back and forth motion towards the body, over the flat, open, left palm.


Glasses
Move, Put, Place
Keys
Help
Comb, Brush
Buy
Toilet
Hurry
Toothbrush
Sell
Dance
Draw

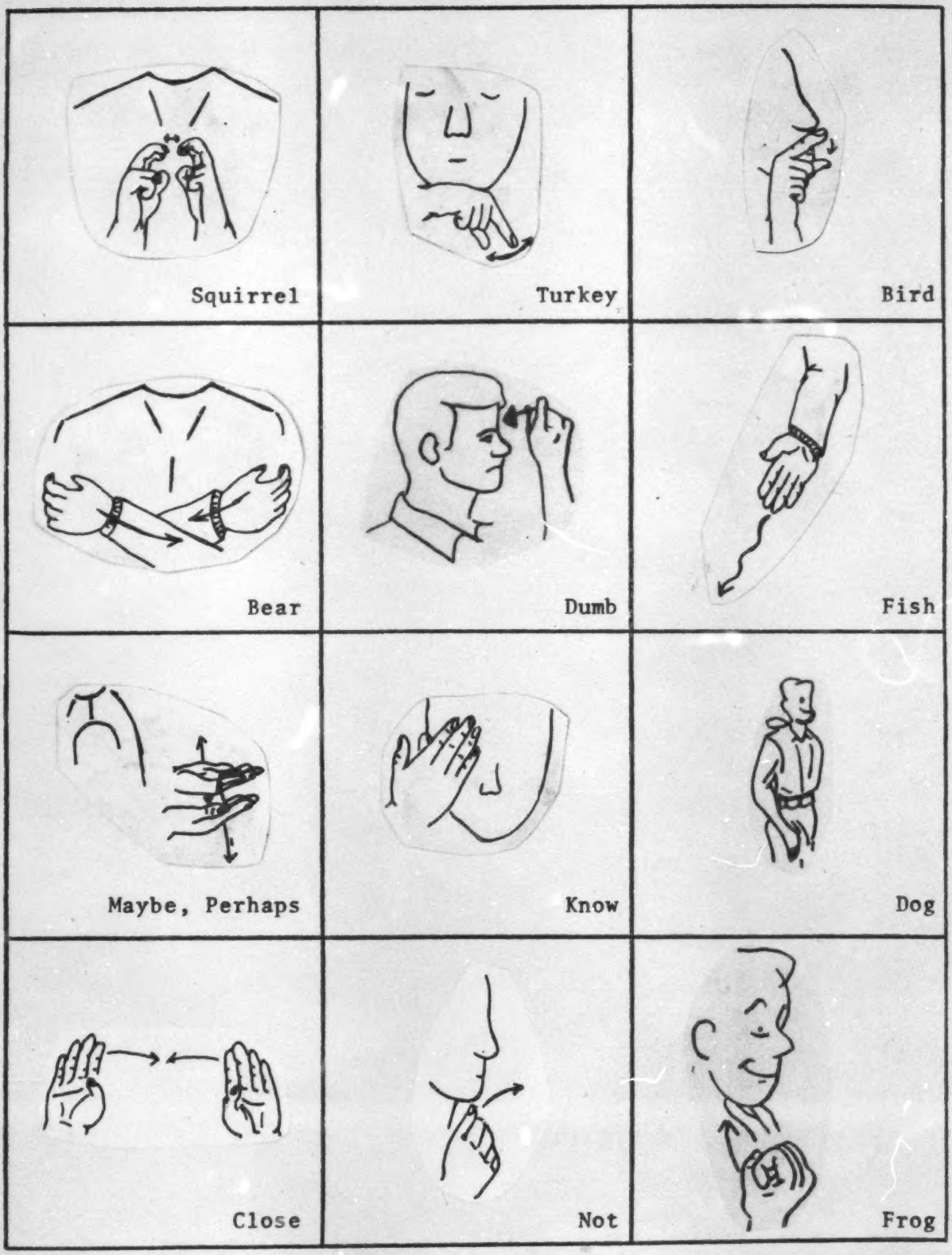
(Bed)	With open palms together, tilt head to the right with both hands on the right side of the head.
(Bathe)	Rub double "A" fists up and down on chest.
(Soap)	Rub right fingertips in palm of left hand.
(Wash)	Rub the palm sides of both clenched fists together in a circular motion.
(Rain)	With the fingers spread, move the hands downward, in front of the body.
(Snow)	With the fingers spread, move the hands downward while wiggling the fingers.
(Signs)	With hands in "D" position, move alternately in a circular motion.
(Stop)	In the flat open palm of the left hand, bring edge of the right hand down sharply.
(Pencil)	Bring thumb and index finger of right hand to the mouth, then bring down to open left palm as if writing.
(Scissors)	With hand in "V" position, open and close index and middle fingers as if cutting with scissors.
(Shower)	Bring right hand over the head - separate and bend fingers slightly and move hand up and down several times.
(Old)	Make a fist with the right hand and bring it to the chin; move hand back and forth and down as to indicate a long beard.


Bed
Tub, Bathe
Soap
Wash
Rain
Snow
Signs
Stop
Pencil
Cut, Scissors
Shower
Old, Age

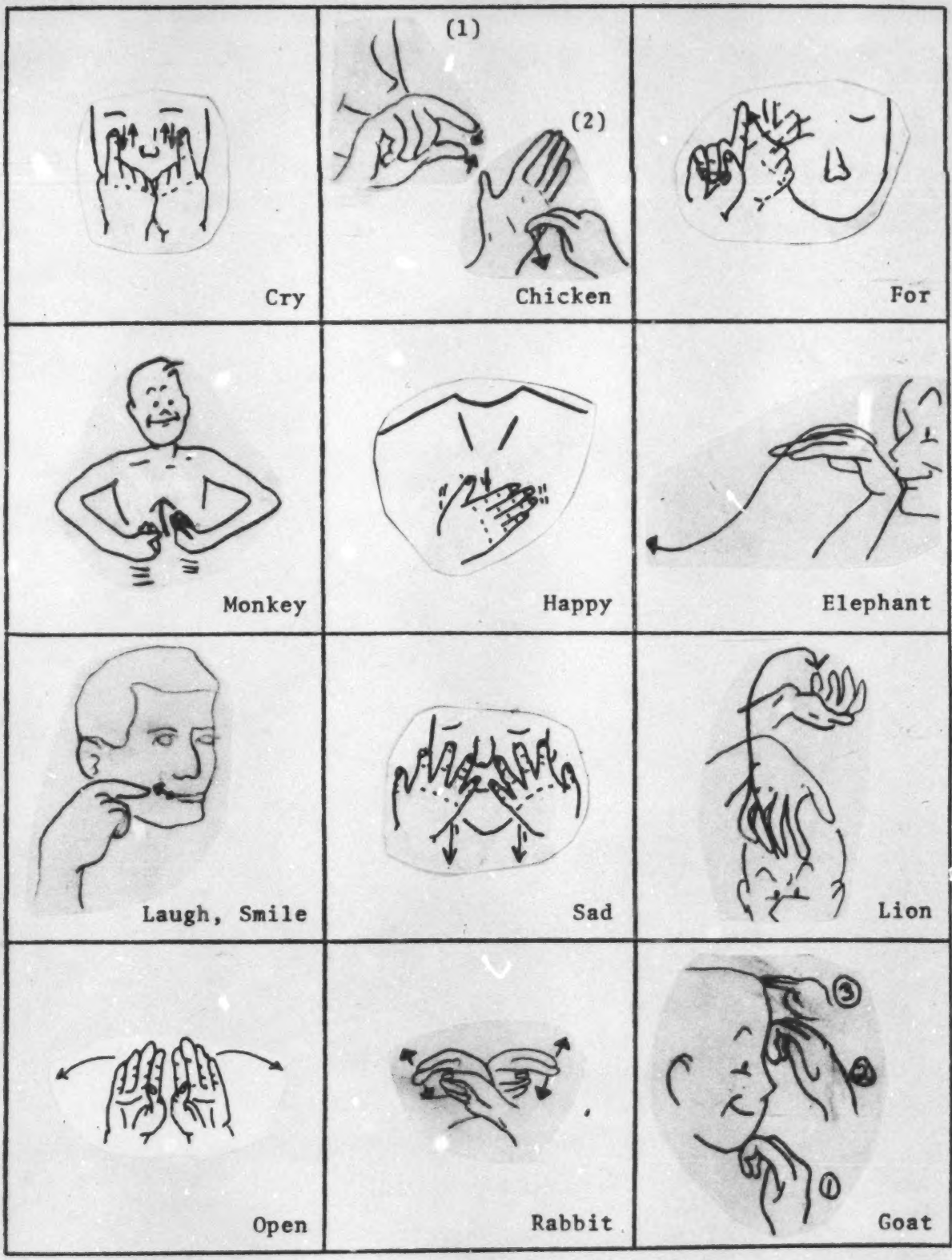
(Cat)	With double "F" at sides of mouth, move hands sideways.
(Through)	Separate left index from next three fingers and slip right open palm between them.
(Horse)	With right "H" hand at side of head, move fingers up and down.
(Smart)	Place right index finger vertically on forehead and move away from face.
(Cow)	With thumb of right "Y" on side of head, turn hand up and down.
(Drool)	With index finger side of open palm, rub hand downward from corner of mouth.
(Sheep)	Using first two fingers of right hand as scissors, move right hand up and down left arm.
(Turtle)	Wiggle right extended thumb under left palm.
(Pig)	With back of right hand under chin, bend fingers up and down.
(Fall, fell)	With right "V" standing on open palm of left hand, drop right "V" so that back of right fingers lie in palm of left hand.
(Because)	Bring extended right forefinger across forehead, then extend thumb, pull finger in, and move hand upward.
(Donkey)	With right "B" hand at side of head, move fingers up and down.


Cat
Through
Horse
Smart
Cow
Drool
Sheep
Turtle
Pig
Fall
Because
Mule, Donkey

(Squirrel)	Touch tips of bent "V" fingers together several times.
(Turkey)	With right "G" pointing down at chin, move hand back and forth.
(Bird)	With right thumb and forefinger at mouth, move up and down.
(Bear)	With arms crossed, pull arms out until hands touch.
(Dumb)	Place right "A" hand on forehead.
(Fish)	With left hand at right elbow, and right arm stretched out, wiggle right hand.
(Maybe)	With open palms up, move alternately up and down.
(Know)	Place fingertips on forehead with palm open.
(Dog)	Snap fingers and pat leg.
(Close)	With the open palms apart and facing body, flip outward quickly bringing the hands side by side.
(Not)	Place extended thumb under chin and flip out quickly.
(Frog)	With clenched fist under chin, flip first two fingers out to form a "V"


Squirrel
Turkey
Bird
Bear
Dumb
Fish
Maybe, Perhaps
Know
Dog
Close
Not
Frog

(Cry)	Using index fingers, pantomine tears coming from the eyes.
(Chicken)	With right index and thumb at mouth, put these fingers in palm of left hand.
(For)	Touch forehead with right extended forefinger, pull hand away from head and point finger outward.
(Monkey)	Scratch sides above waist.
(Happy)	Using open palm, brush the little finger side of the right hand against the chest several times in an upward motion.
(Elephant)	Bring right open hand, palm down, to nose and move it upward, then downward, indicating an elephant's trunk.
(Laugh)	Move right index finger from corner of mouth upward.
(Sad)	Bring both hands, with palms in and fingers separated, from the forehead to the chin.
(Lion)	Place right hand, fingers facing downward, on forehead; bring hand up and back (indicates lion's mane).
(Open)	With the thumbside of the open palms together, and the fingers facing upward and palms facing out, pull the hands apart and turn the palms in toward the body.
(Rabbit)	Cross hands in "H" position at wrists and move fingers back and forth.
(Goat)	Bend fingers of right "H" hand and place on chin, move to lower forehead then extend both fingers and place on upper forehead.


Cry
(1)
(2)
Chicken
For
Monkey
Happy
Elephant
Laugh, Smile
Sad
Lion
Open
Rabbit
③
②
①
Goat

(Now) With elbows touching the sides, forearms extended outward, palms up and fingertips bent upward, drop the arms slightly.

(Barber) Move index and middle fingers in cutting motion near hair; combine with "er" person ending.

(Dirty) With the back of the right hand under the chin and fingers facing left, wiggle all the fingers alternately.

(Always) Using the pointed forefinger, move in a circular motion facing away from the body.

(Clean) Move right open palm down left open palm, from wrist to tips of left fingers.

(Minister, priest) Move "G" hand shape from middle of neck to side of neck.

(Right) With both forefingers extended, place the right hand on top of the left hand.

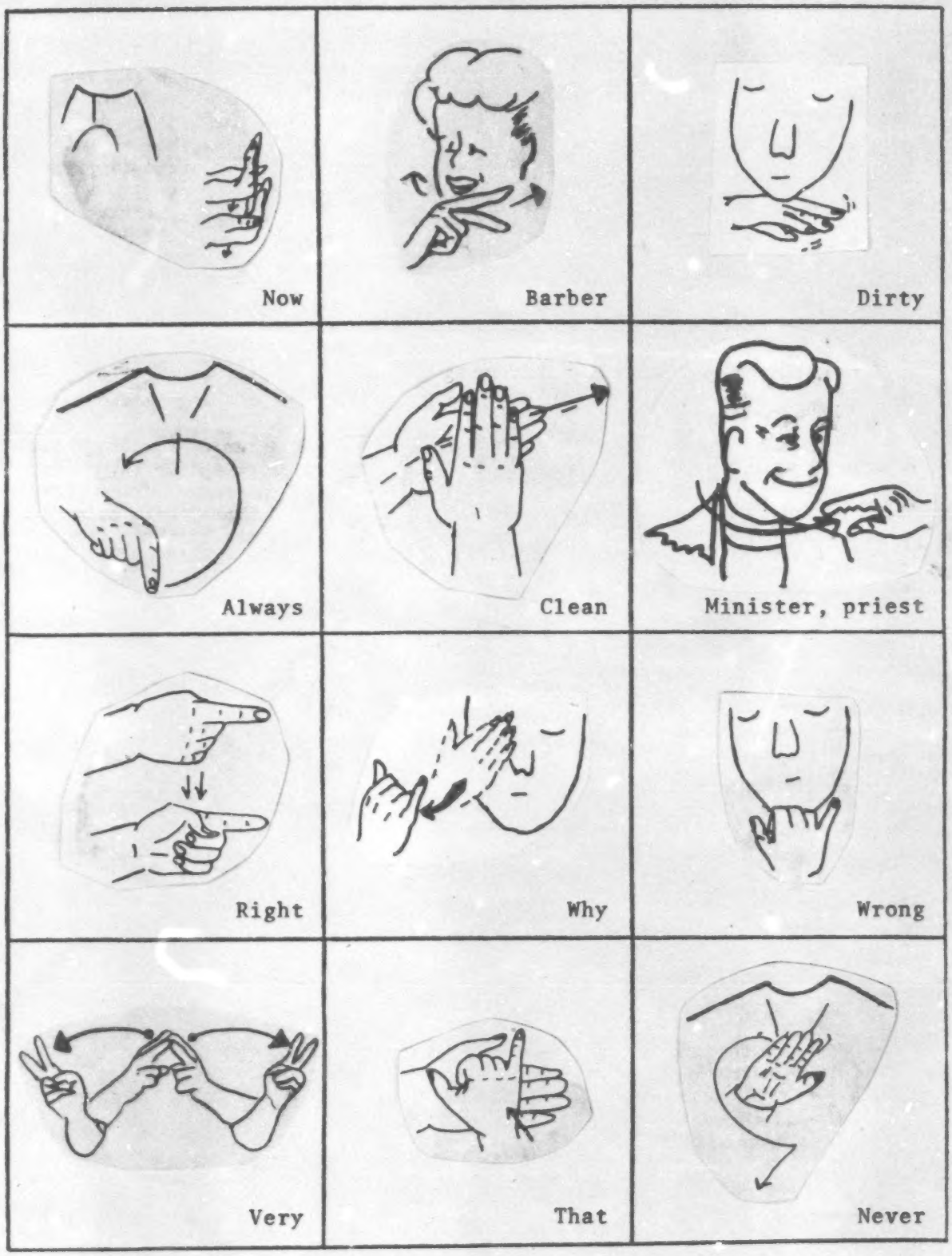
(Why) Touch forehead with tip of right open hand, then pull hand away and make "Y" hand shape.

(Wrong) Tap "Y" hand to chin.

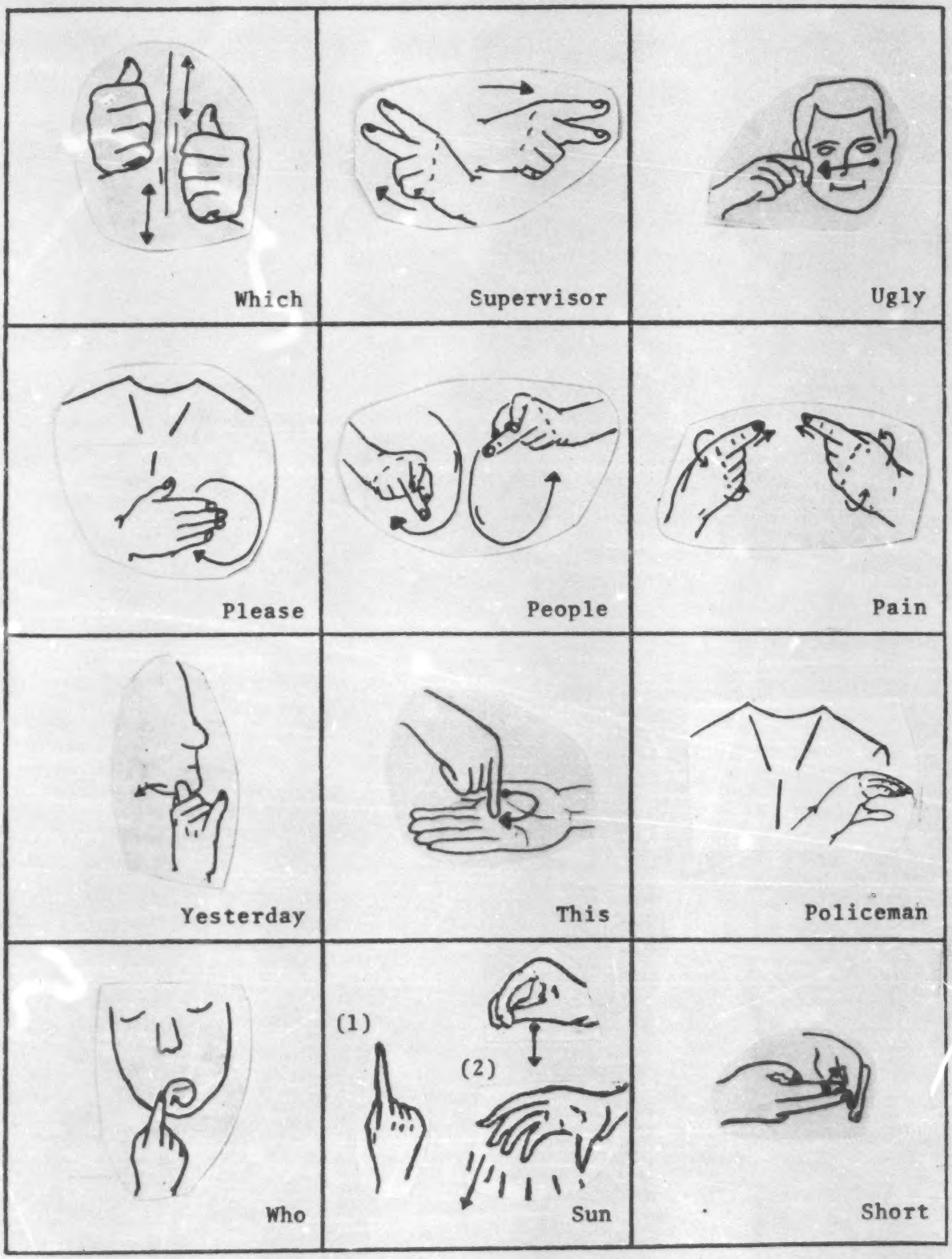
(Very) Place the tips of the "V" hands together and pull them apart.

(That) Put right "Y" in left open palm.

(Never) With the right open palm, fingertips pointing outward, draw an imaginary "2" in the air.


Now
Barber
Dirty
Always
Clean
Minister, priest
Right
Why
Wrong
Very
That
Never

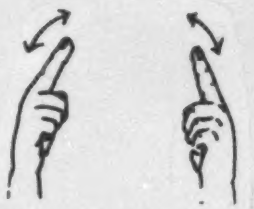
(Which)	Using double "A," move hands alternately up and down in front of body.
(Supervisor)	With double "V" crossed at wrist, move in circle.
(Ugly)	Extend right index finger, pointing left, before nose; bend finger and pull towards right side of face.
(Please)	Rub open palm on chest in circular motion.
(People)	Move double "P" in alternate circle.
(Pain)	Using both pointed forefingers facing each other, bring them together quickly, twisting them slightly.
(Yesterday)	Using the "Y" hand shape, touch the thumb to the chin then back to below the ear.
(This)	With right forefinger pointing at left open palm, move right forefinger in circular motion before touching palm of left hand.
(Policeman)	Put right "C" on left shoulder.
(Who)	Draw a circle around mouth with right extended forefinger.
(Sun)	Make a circle in the air with the right index finger, then rest all fingers on the tip of the thumb and spread open quickly.
(Short)	Rub the middle finger of the right "H" hand back and forth along the index finger of the left "H."


Which
Supervisor
Ugly
Please
People
Pain
Yesterday
This
Policeman
Who
(1)
(2)
Sun
Short

(Person ending "er")	With palms touching sides, move hands from under arms to waist.
(Driver)	As if turning an imaginary steering wheel but with the hands in the "D" position; then combine with "er" person ending.
(Thank you)	Touching lips with tips of right open hand, bring hand out and downward.
(Cook)	Clap front and back of right hand in left, then add "er" person ending.
(Sick)	Touch middle finger of right hand to forehead and middle finger of left hand to stomach.
(Long)	Draw the right index finger up along the left arm.
(Seizure)	Touch forehead with right middle finger, and drop both hands.
(Teacher)	With double "O" hand shape on sides of forehead, draw outward and combine with "er" person ending.
(Pretty)	Starting at the chin with fingers spread, palm in, move hand in circular motion around face ending at the chin with fingers in "and" position.
(Name)	Tap edges of double "H" hand shape together.
(Those)	Extend right "Y" hand out to side of body.
(These)	Point index finger at several imaginary objects before you.

Person Ending (er)

(1)



(2) (er)

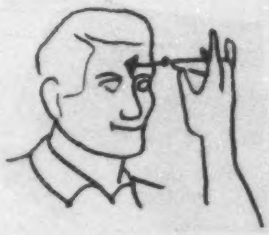
Driver

Thank you

(1)

(2) (er)

Cook (cooker)



Sick

Long

Seizure

(1)

(2) (er)

Teacher

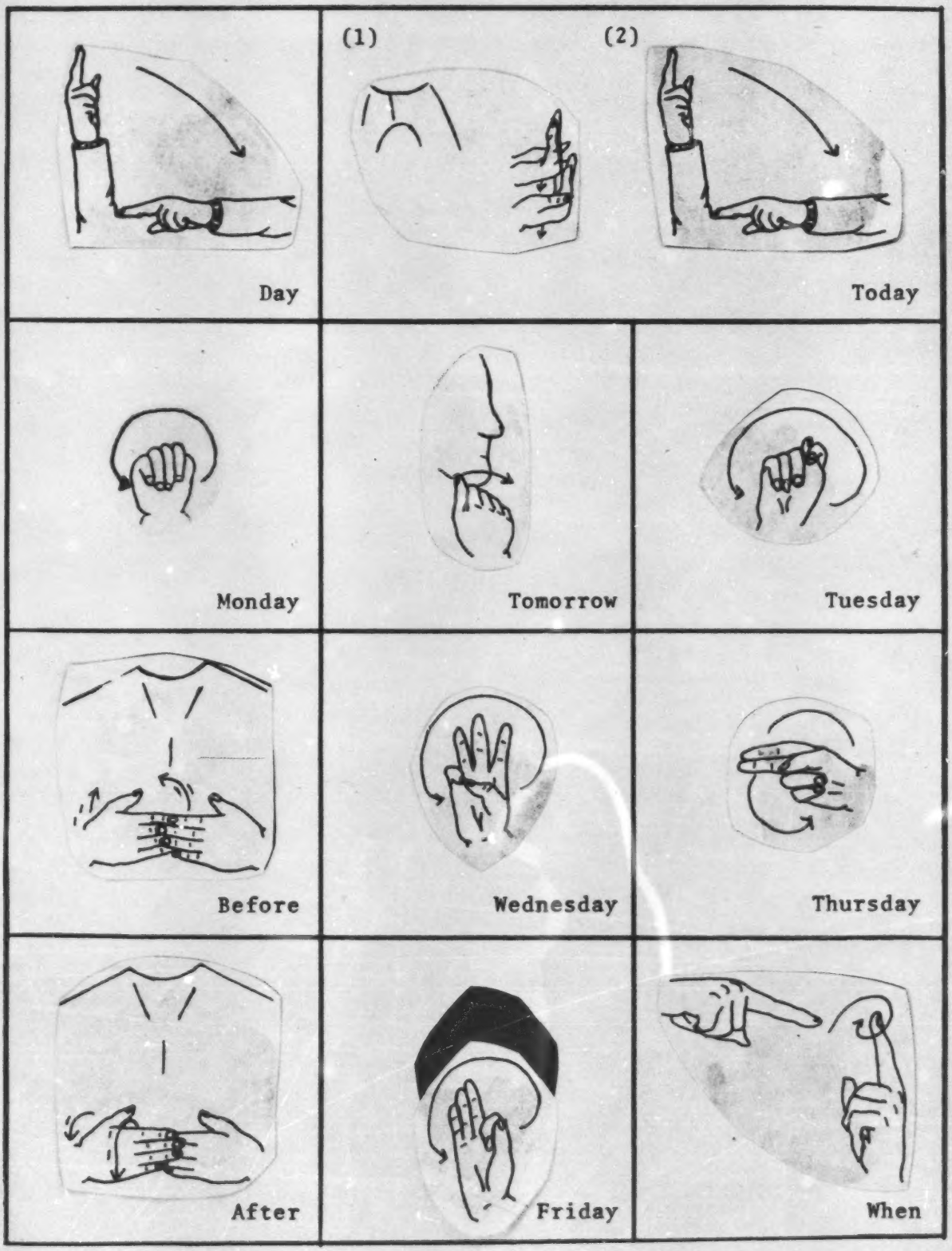
Pretty

Name

Those

These

(Day)	Using left forearm as a horizon, palm down, place right elbow on the back of the left hand with right arm pointed upward, bring across the body until right hand touches left elbow.
(Today)	Combine the sign for now (with elbows touching the sides, forearms extended outward, palms up, and fingertips bent upward, drop the arms slightly) with the sign for day.
(Monday)	Make an "M" shape and move in a circular motion.
(Tomorrow)	Touch the cheek with the thumb of the "A" hand shape, and move outward in an arc.
(Tuesday)	Make a "T" hand shape and move in a circular motion.
(Before)	With open palms facing body, place back of right fingertips in front of left fingertips, lift right hand toward body.
(Wednesday)	Make a "W" hand shape and move in a circular motion.
(Thursday)	Make an "H" hand shape and move in a circular motion.
(After)	With both palms facing body, place palm side of right fingertips on back of left hand, lift right hand away from body.
(Friday)	Make an "F" hand shape and move in a circular motion.
(When)	Using both extended forefingers, the right finger is moved in a circular motion around the left, and then touches the tip of the left.


Day
(1)
(2)
Today
Monday
Tomorrow
Tuesday
Before
Wednesday
Thursday
After
Friday
When

(Saturday) Make an "S" hand shape and move in a circular motion.

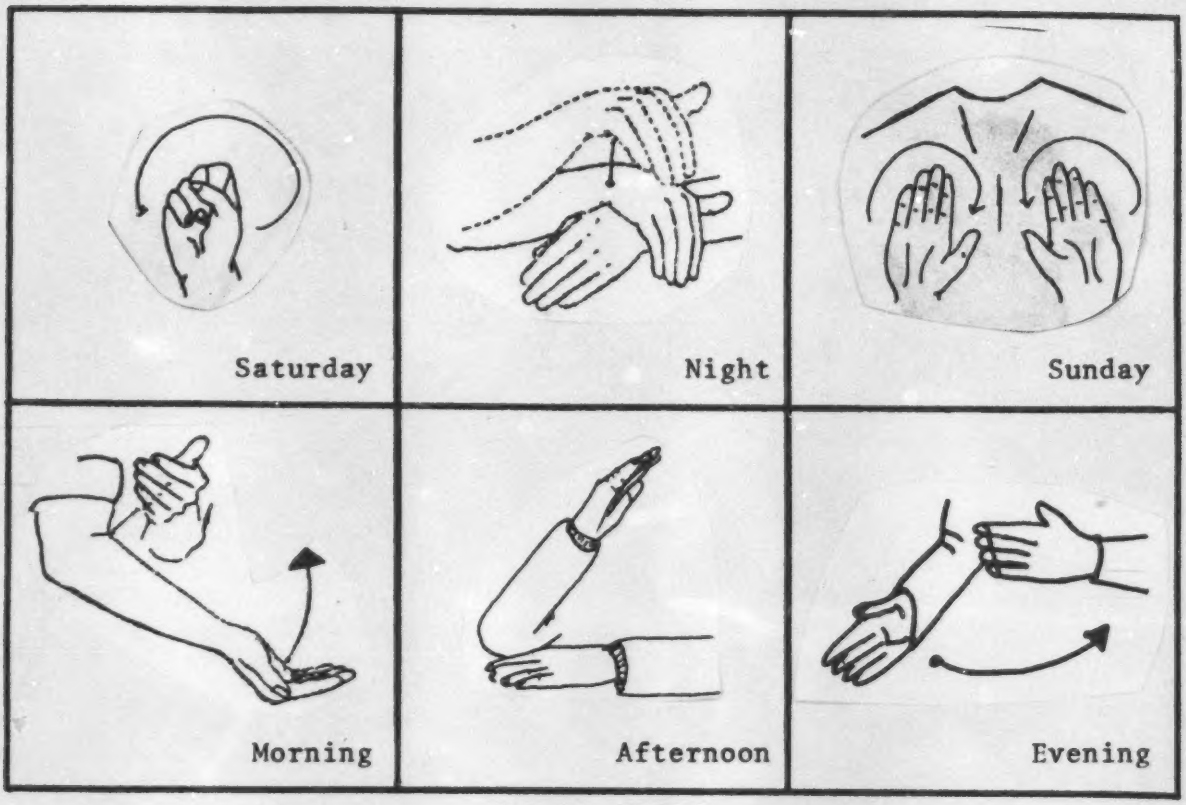
(Night) With arms in front of body, drop bottom of right wrist on the top of the left wrist.

(Sunday) Using spread fingers hand shape, palms out, move both hands in a circular motion.

(Morning) Place the fingertips of the left hand in the crook of the right arm; then move the right arm, palm up, in an upward motion.

(Afternoon) Using the left forearm as a horizon, palm down, place the right elbow on the back of the left hand and bend it slightly to the left.

(Evening) Place the tip of the left hand, palm down, in the crook of the right arm, and swing the right arm, palm open and facing left, in a horizontal fashion from right to left.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Sunday
Morning
Afternoon
Evening

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